

# Artichoke & Pumpkin Scones



R & J Mazza  
GLOBE ARTICHOKES

## Ingredients

2½ cups self raising flour  
Pinch salt  
30g butter, melted  
½ cup artichoke hearts, chopped finely  
1 cup pumpkin, cooked and mashed  
½ cup tasty cheese, grated  
½ cup milk  
Cracked pepper to taste

½ cup pumpkin seeds

## How to Prepare

1. Preheat oven to 200°C.
2. Place all ingredients in a bowl and mix well.
3. Turn out on a floured board and kneed well.
4. Roll out to 2cm thickness and cut into rounds with a scone cutter. Place on a baking tray.
5. Brush with extra milk and sprinkle with pumpkin seeds.
6. Bake in pre-heated oven for 17-20 minutes or until golden brown.



Makes 12-15 depending on size



Artichoke ... the King of Vegetables